

JUST A PHONE CALL AWAY

In New Hampshire, over 4,000 grandparents and relatives are responsible for children living with them.

Most of the grandparent, great-grandparent and relative caregivers we serve are older adults who did not plan on raising a child in their “golden years.”

Parenting a second time around presents unique challenges.

The staff at the ServiceLink Resource Centers can help you find answers, solve problems and assist in making connections to available services.



NOTES



Call your local ServiceLink
1-866-634-9412 (Toll Free)
or
www.servicelink.org

This information is provided by an Agreement between the NH ServiceLink Aging and Disability Resource Center and the NH Department of Health and Human Services' Bureau of Elderly and Adult Services and partially funded by the Federal Administration on Aging's Family Caregiver Support Program, (Title III-E).

Supporting Grandparents and Relatives as Parents



Parenting a second time around when you thought your child rearing days were long gone presents unique challenges.



1-866-634-9412

Supporting Grandparents and Relatives as Parents



Raising a Relative Child

Raising a child when you had long since considered your child-rearing days behind you can be difficult.

Grandparents and other older relatives, often called “kinship caregivers” do not always have the stamina, the energy and the resources they had when they were younger to meet the day-to-day needs of a child or children.

Other Resources

The Division of Family Assistance

The Division of Family Assistance has launched NH EASY, New Hampshire's online application system. You can apply online at <https://nheasy.nh.gov> or call the toll free number **(800) 852-3345 ext. 9700**.

Services

Information on local resources, support groups, services and other programs that can help make your situation easier.

Assistance in gaining access to services, or completing forms.

Assessments of the grandparent or relative caregiver's situation and needs.

One on One Support is available with a ServiceLink staff member who can assist you in looking at options available to you.

Grandparent and relative caregivers who are 55 years of age or older may be able to access, through ServiceLink, Federal or State funded **respite care services**.

Respite care could be occasional childcare, day or overnight camp, structured after school activities, or homemaker services.

The services allow the grandparent or relative caregiver occasional breaks and a chance to take a little time to care for one's own needs.

The Resource Guide for New Hampshire Relative Caregivers can be found online at <http://www.dhhs.nh.gov/dcyf/documents/relativecaregivers.pdf>. Children and their caregivers are often eligible for state and federal benefits; however, finding those benefits can often be confusing and frustrating. This booklet can guide you in the right direction, help you ask the right questions, and help you find the answers you need.