

MEETING YOUR NEEDS:

You have the right to learn if you can live in the community and get the services and the support you need.



Call your local ServiceLink
1-866-634-9412 (Toll Free)
or
www.servicelink.org

Project Partners



NH Long-Term Care Ombudsman
1-800-442-5640

This information is provided by an Agreement between the NH ServiceLink Aging and Disability Resource Center and the NH Department of Health and Human Services' Bureau of Elderly and Adult Services and partially funded by the Centers for Medicare & Medicaid Services under grant #11-P-20220.

Returning to the Community



Learn more about your
right to obtain information about
returning to the community



1-866-634-9412
www.servicelink.org

QUESTIONS AND ANSWERS ABOUT YOUR LIVING OPTIONS



It's your right!

The nursing home staff will ask you questions about your care. One question they will ask is, "Do you want to talk to someone about the possibility of returning to your community?"

Saying "YES" tells the staff that you want more information, and that you want to explore your options. It doesn't mean that you have to leave the nursing home.

The staff will regularly ask you this question, since your needs and the services available in your community may change over time.

What happens if I say yes?

- 1. The nursing home staff will call a local community agency**
- 2. The Local Community Agency**
 - Will call or visit you to learn about what services and support you need
 - Can assist you and the nursing home in transition planning

Together you will explore:

 - Your housing options and/or home modification services, (like accessible housing, and installation of ramps and grab bars)
 - Available services such as help with your medical and personal care
 - Programs that may help pay for these services, (like Medicaid, Medicare, or private insurance)
 - Available support, such as, family and friends who can help you
- 3. If the services and support that you need are available, **YOU** decide whether or not to start the plan to leave the nursing home**

