



Your questions will be answered by one of our professional staff. You will receive up-to-date and unbiased information about resources available where you live.

Are you looking for answers about alternatives to nursing home care?

Have you made phone calls looking for local services, but still haven't received answers?

Do you need help taking care of a family member?

Do you understand Medicare and supplement health insurance benefits?

Do you know how to apply for Medicaid?

Are you looking to explore your options at your local VA?

We can help you find connections to:

- * Caregiver and family support
- * Community opportunities
- * Counseling on alternatives to nursing home care
- * Disability services and supports
- * Exploring places to live
- * Find services as supports for financial assistance
- * Helping someone else
- * Home delivered meals
- * Medicare and Medicaid benefits
- * Mental health services
- * Options counseling that can help you with choices and next steps
- * Prescription assistance
- * Choosing health plans based on your needs
- * Support for veterans & military families
- * Transportation services and supports

ServiceLink serves people of all ages and income levels and needs. Trained staff are available during normal business hours Monday through Friday.

After hours appointments are available.

ServiceLink services are FREE and strictly confidential.

1-866-634-9412 (Toll Free)

**Visit us online at
servicelink.nh.gov**